

**THIS SECTION TO BE COMPLETED BY PARENT**

**Review of Systems**

- Are you concerned about your child's (circle concerns)...
- |   | YES                      | NO                       |
|---|--------------------------|--------------------------|
| 1. eating habits, weight loss/gain, ↓ energy, sleep habits.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 2. redness, excessive tearing or discharge from eyes.....         | <input type="checkbox"/> | <input type="checkbox"/> |
| 3. recurrent ear, sinus or throat infections; nosebleeds.....     | <input type="checkbox"/> | <input type="checkbox"/> |
| 4. chest pain, shortness of breath, or irregular heart beat.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| 5. frequent colds, cough, wheezing, recurrent bronchitis.....     | <input type="checkbox"/> | <input type="checkbox"/> |
| 6. abdominal pain, vomiting, diarrhea, constipation.....          | <input type="checkbox"/> | <input type="checkbox"/> |
| 7. kidney or bladder problems, infections, blood in urine.....    | <input type="checkbox"/> | <input type="checkbox"/> |
| 8. joint pain, stiffness, swelling; muscle pain, weakness.....    | <input type="checkbox"/> | <input type="checkbox"/> |
| 9. birthmarks, skin rashes, itching, nail or hair problems.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| 10. recurrent headaches, dizziness, tics, weakness, seizures..... | <input type="checkbox"/> | <input type="checkbox"/> |
| 11. mood changes, anger, nervousness, depression.....             | <input type="checkbox"/> | <input type="checkbox"/> |
| 12. excessive thirst or hunger, ↑ urination, weight loss.....     | <input type="checkbox"/> | <input type="checkbox"/> |
| 13. paleness, anemia, easy bruising, swollen glands.....          | <input type="checkbox"/> | <input type="checkbox"/> |
| 14. milk, food or drug allergies, recurrent infections.....       | <input type="checkbox"/> | <input type="checkbox"/> |

**Personal/Social History**

- Do you have any concerns about your child's...
- |  | YES                      | NO                       |
|--|--------------------------|--------------------------|
| a. overall progress in school.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| b. happiness at school, self esteem, level of self confidence.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| c. ability to sit still, listen or participate in school activities.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| d. attendance at school.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| e. willingness to follow the rules at school.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| f. ability to get along with classmates and teachers.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| g. overall physical well being.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| h. poor eating habits, excessive or improper snacks.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| i. poor sleeping habits, nightmares, sleep walking or talking.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| j. lack of energy or stamina.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| k. level of maturity or independence.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| l. lack of personal hygiene, hand washing, brushing teeth, e.t.c.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| m. Do you have any social concerns: (lack of friends, bullying, negative peer influence, withdrawal from family)?.....         | <input type="checkbox"/> | <input type="checkbox"/> |
| n. Do you have any behavioral concerns: (acting out, temper outbursts, aggression, violence)?.....                             | <input type="checkbox"/> | <input type="checkbox"/> |
| o. Do you have any emotional concerns: (mood changes, anxiety, depression)?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| p. Do you have any concerns about her development?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| q. <input type="checkbox"/> Menstruation has begun<br>If yes, has she had any problems?.....<br>When was the last period?..... | <input type="checkbox"/> | <input type="checkbox"/> |
| r. Does your child exercise on a regular basis?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| s. Has your child seen a dentist in the past year?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| t. Does your child have any body piercing or tattoos?.....   | <input type="checkbox"/> | <input type="checkbox"/> |
| u. Does your child use a helmet for skating or biking?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| v. Does your child use a safety belt when riding in a car?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| w. Do you counsel your child about avoiding the use of alcohol, tobacco, drugs and inhalants?.....                             | <input type="checkbox"/> | <input type="checkbox"/> |
| x. Does anyone have a gun in the home?.....  | <input type="checkbox"/> | <input type="checkbox"/> |
| Do you have any concerns you wish to discuss?.....   | <input type="checkbox"/> | <input type="checkbox"/> |

Parent's Signature \_\_\_\_\_ Date \_\_\_\_\_

Parent's section reviewed by \_\_\_\_\_

History  Previous concerns, consults and procedures reviewed  
(Interval:  No Change) Concerns \_\_\_\_\_

Current Medications \_\_\_\_\_

Drug Allergies  Yes  No \_\_\_\_\_

Past / Social / Family History (Interval:  No Change)

Provider Comments

**Anticipatory Guidance**

- |  |   |  |
|--|---|--|
| <b>General</b>                                   | <b>Nutrition</b>                            | <b>Injury Prevention</b>                   |
| <input type="checkbox"/> Growth /Dev.            | <input type="checkbox"/> Nutritious diet    | <input type="checkbox"/> Seat belt         |
| <input type="checkbox"/> Immunizations           | <input type="checkbox"/> Limit snacks       | <input type="checkbox"/> Bicycle helmets   |
| <input type="checkbox"/> School                  | <input type="checkbox"/> Meals with family  | <input type="checkbox"/> Playground safety |
| <input type="checkbox"/> Exercise                | <input type="checkbox"/> Pleasant mealtimes | <input type="checkbox"/> Swimming pools    |
| <input type="checkbox"/> Limit television        | <input type="checkbox"/> Fluoride/FI water  | <input type="checkbox"/> Sun exposure      |
| <input type="checkbox"/> Dental care             |   | <input type="checkbox"/> First aid         |
| <input type="checkbox"/> Drugs, alcohol, tobacco |   | <input type="checkbox"/> Gun safety        |
| <input type="checkbox"/> Ed. Handouts            |   |  |